

## REGISTRATION FORM

Please return no later than September 30, 2022

### 16<sup>TH</sup> ANNUAL Dr. Richard G. Damiano Memorial Lecture

#### Mitigating Miserabl-odontics:

The tools and techniques that HELP make the most difficult procedures in dentistry easier, predictable, less painful and MORE SUCCESSFUL.

Presented by: Dr. Ankur Gupta

#### Return form & payment to:

St. Joseph's Health  
Medical Education  
301 Prospect Ave  
Syracuse, NY 13203  
Fax: (315)448-6313  
Anthony.Lasinski@sjhsyr.org

NAME

ADDRESS

ADDRESS

PHONE NUMBER

EMAIL

#### Method of Payment

- Check (Payable to St. Joseph's Hospital Foundation)  
 Visa     MasterCard

CREDIT CARD NUMBER

Expiration date:

CVV Code:

SIGNATURE

## PENDING ACCREDITATION:

Course is sponsored by  
The Fifth District Dental Society

The Fifth District Dental Society designates this activity for four continuing education credits

The Fifth District Dental Society is an ADA CERP recognized provider approved by the New York State Dental Association.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

#### Sponsors:

Kettenbach  
Perio-Protect



A Member of Trinity Health



## 16<sup>TH</sup> ANNUAL Dr. Richard G. Damiano Memorial Lecture

### Friday, October 7, 2022

### Yardes Grille at Green Lakes

5648 Green Lakes Park Drive  
Fayetteville, NY 13066



A Member of Trinity Health

16<sup>TH</sup> ANNUAL

# Dr. Richard G. Damiano Memorial Lecture

## IN HONOR OF OUR FOUNDING CHIEF

The General Practice Dental Residency at St. Joseph's Health Dental Clinic is one of only a handful of providers in Onondaga County serving more than 97,000 Medicaid-eligible patients including those who would have little or no access to adequate dental care outside of the St. Joseph's facility.

Graduating over 160 residents since 1975, the Dental Clinic ensures each resident provides quality care that helps to enhance the oral health within our community.

To that end, graduates receive quality education from their faculty mentors as well as direct patient care experiences. Of those residents who have completed the program, more than 50% have remained to work in the Central New York area to give their time and talents back to the program as attending doctors.

Join your colleagues at this enlightening professional development session. Your tax-deductible donation goes directly to the Richard G. Damiano Fund through the St. Joseph's Health Foundation Office.

## SCHEDULE

7:30AM	Registration
8:00AM-12:00PM	Lecture
12:00-12:45PM	Boxed Lunch for Golfers
12:45PM	Golf

## FEES

\$300	DDS/DMD (minimum contribution)
\$275	St. Joseph's Attending (minimum contribution)
\$150	Presentation Only
\$150	Golf Only

## ABOUT OUR SPEAKER



## Dr. Ankur Gupta

After completing a one-year GPR in Cleveland, Dr. Gupta started a practice from scratch in 2005. Armed with what he considered adequate knowledge, hand skills, and a personable demeanor, he watched as his practice floundered, finances became unpredictable, and his lower back and spirit toward life became worrisome. Rather than continue the trend, he made a guinea pig out of his office, family, and self; attempting any and all personal and professional "experiments" in self-improvement. More than a decade later, he enjoys excellent new patient numbers and case acceptance, a solution oriented dental team; and most importantly, a meaningful and positive identity. He happily shares the failures and successes with dental and community groups throughout the country, always ending his presentations with practical, implementable, step-by-step ways to be better.

## MITIGATING MISERABLE-ODONTICS:

The tools and techniques that HELP make the most difficult procedures in dentistry easier, predictable, less painful and MORE SUCCESSFUL.

Despite the myriad of benefits that dentists get to enjoy, including a high income, a less-than 5 day workweek, and the opportunity to be a business owner, many are miserable. This can be sourced to several factors. In this highly entertaining and realistic lecture, Dr. Gupta shares the techniques and strategies, both within and outside of the op, that have made life as a dentist less better.

## COURSE OBJECTIVES

Learners will be able to:

- Discover the products that HELP make dentistry more ergonomic and friendly FOR our backs, necks, and hands
- Discover the advances in technology that minimize the most stressful clinical situations
- Learn about updates in clinical dentistry that aid in isolation and hemostasis
- Discover the #1 happiness and relationship killer that also affects your ability to perform more comprehensive dentistry
- Illuminate the long-term impact of poor posture and a sedentary lifestyle to the dental team
- Gain a daily core strength routine that can affect your overall quality of life
- Identify steps to prevent and treat burnout